

St. Alexius Medical Center



St. Alexius Pain Program



Discover Advanced Pain Treatments



St. Alexius
PrimeCare
st.alexius.org

We understand what it is like for you to live with pain. Look to us to help you find the path to relief.

The staff at St. Alexius Pain Clinic offers proven therapies ranging from conventional treatments to new innovations, all to most effectively control your pain. Our dedicated and caring providers specialize in managing chronic pain, restoring function and improving your quality of life.

Common conditions we treat:

- Cervical arthritis, stenosis or disc disease
- Complex regional pain syndrome or reflex sympathetic dystrophy
- Thoracic arthritis, stenosis or disc disease
- Lumbar spine arthritis, stenosis and disc disease
- Hip pain
- Bursitis
- Cancer pain
- Knee pain and arthritis
- Shoulder/elbow pain
- Carpal tunnel syndrome



Common interventions we offer:

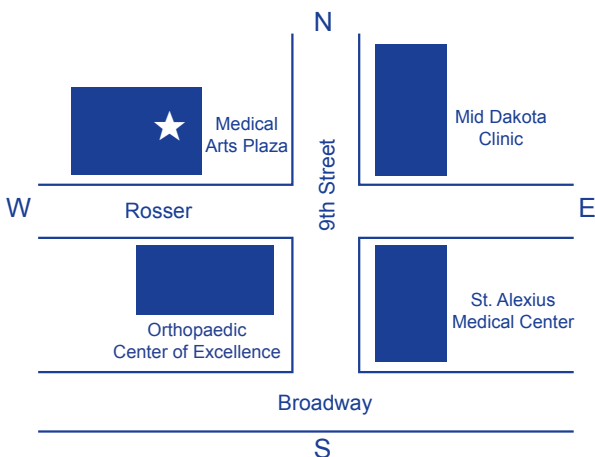
After a comprehensive interview and physical examination and review of diagnostic tests, we may offer one or more of the following interventions:

- Physical Therapy:
 - » To reduce muscle pain/tension
 - » To mobilize painful joints
 - » To strengthen muscles
 - » To encourage a return to optimal daily function
- Spinal injections:
 - » Facet blocks
 - » Epidural steroid injections
 - » Nerve blocks
 - » Radiofrequency ablation
- Spinal cord stimulation
- Implantable pain pumps
- Joint injections:
 - » Shoulder/elbow/wrist
 - » Hip/knee/ankle
- Pharmacologic treatment

We may prescribe opioids (narcotics) for pain management although we are aware of the potential for addiction in many patients. Although these medications may be necessary for some patients, we strive to find more successful alternatives to treat pain (as outlined above). Our primary efforts will focus on returning patients to a productive and enjoyable lifestyle and eventually transfer their care to their primary caregiver.

Appointments

To schedule an appointment at the St. Alexius Pain Clinic, call (701) 530-3105 or (800) 422-0801. The Pain Clinic is located on the third floor of Medical Arts Plaza.



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